# **IMPORTANT!** READ CAREFULLY AND KEEP FOR FUTURE REFERENCE



## INSTRUCTION MANUAL

Applies to Izmi® baby carrier model IZAW-DG 01

## Your Izmi® Wrap

For natural, comfortable closeness during your baby's first months. Simple, adaptable and flexible support, every day.

Important Information: Please read this instruction manual carefully before you use your Izmi® Wrap. More information, advice and videos can be found on our website www.izmibaby.co.uk

The Izmi® Wrap is most suitable for use from birth (2.3kg/5lb)\* to around 9 months (9kg/20lb). \*There is no minimum weight limit when your Izmi® Wrap is used correctly, however for babies weighing under 3.2kg/7lb, and those with any disability or illness, please seek advice from a health professional or carrying consultant before use.

#### To Ensure Your Baby's Safety:

- Always follow the guidelines for safe carrying (see page 4 for further information).
- · When using the Izmi® Wrap continue to monitor your child at all times.
- Be aware of hazards around you whilst using the baby carrier; avoid heat sources, hot drinks and unsafe environments.
- Regularly inspect your Izmi\* Wrap for any signs of wear or damage.
- Always be aware of the increased risk of your child falling out of the Wrap as you become more active.
- Your movement and the child's movements may affect your balance.
- Take care bending and leaning forwards or sideways.
- The sling is not suitable for use during sporting activities e.g running, cycling, swimming and skiing.
- Keep your Izmi® Wrap out of the reach of children when it is not in use.
- · Only use the product for ONE child.

#### WARNINGS! When using your Izmi® Wrap:

- · Constantly monitor your child and ensure the mouth and nose are unobstructed.
- For pre-term, low birthweight babies and children with medical conditions, seek advice from a health professional before using this product.
- Ensure your child's chin is not resting on its chest as its breathing may be restricted which could lead to suffocation.
- To prevent hazards from falling ensure that your child is securely positioned in the sling.

The Izmi® Wrap is tested to Safety Standard CEN/TR 16512:2015. Product Warranty and Registration: Register your Izmi® Wrap online at www.izmibaby.co.uk

Share your babywearing photos with us!

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#### Izmi® Features & Parts

Natural Fabrics

95% cotton is super soft, flexible and breathable.

2 Excellent Weight Distribution Spread your wrap fabric wide for optimum weight distribution.

Soft Support Supports your baby snugly against your body in their natural position, with no clips, buckles, hard or rigid parts.

Ergonomic and Adjustable Tie tightly to fit to your body, giving custom-fitting comfort whatever your shape or size.

Reinforced Edges

Sewn to provide support and comfort; contrasting stitching at each edge helps you to wrap more easily.



Find loads of great videos for all Izmi® Wrap carrying positions, using your Wrap as a breastfeeding aid, plus more handy carrying tips at www.izmibaby.co.uk/videos/izmiwrap-videos

## Safety & Positioning for all Carrier Positions

#### Important Information:

Please read this instruction manual carefully before you use your Izmi® Wrap. More information, advice and videos can be found on our website www.izmibaby.co.uk/support

To ensure the safety of a baby in a sling or carrier, always check that the baby's:

√ Airways are protected and unobstructed √ Head is supported √ Spine is supported

#### Airways:

- √ No fabric covering face
- ✓ Face and nose visible at all times
- ✓ Chin is not pressing into their chest

#### Head:

- ✓ Head supported in line with spine
- √ Head remains stable as you move around
- ✓ Give additional head support as needed for sleeping

#### Spine:

- ✓ Support the spine to prevent your baby from slumping and to give you a snug comfortable fit
- $\checkmark$  Baby's spine should be supported by the carrier according to their developmental stage:

From newborn: Fully supported to the very top of their neck.

By around 4-5 months (baby can stabilise head while awake): Supported to the top of their back, level with their shoulders.

By around 7-9 months (baby can sit unaided): Supported up to their armpits (higher if preferred).

#### Safety and Positioning:

Good positioning of your baby in your Izmi® Wrap will make it safer and more comfortable to use. Ensure that your Wrap is **tied tightly** so that it holds your baby's weight snugly against your body. If your baby can slump or lean away from your body then they will not be safely supported, and carrying will quickly become tiring and uncomfortable. Be aware that all babies are different, and react differently when carried in different positions. **WARNING: Ensure your child's chin is not resting on its chest as its breathing may be restricted which could lead to suffocation.** 

#### Carrying Height:

For your baby's safety, carry your baby so that you can easily kiss their head. A good guide is to position your baby at the height that you naturally hold them in your arms. This will help ensure that your baby's weight is supported with minimum strain and maximum support.

#### Supporting Your Baby's Head:

Your baby's head should be stabilised against the movements of your body. For babies unable to do this by themselves (those younger than 3-5 months), there are 2 ways to give head support in your Izmi® Wrap:



Spread fabric from one shoulder to support the back of your baby's head.



Roll up a small towel or muslin cloth and tuck it into the wrap to support behind your baby's neck and head.

Ensure there is never any fabric covering your baby's face, or obstructing their airways. You should always be able to see your baby's face simply by looking down, without needing to move any fabric out of the way.

## Putting the Wrap on...

It's super easy! Just follow these steps below to put on your Izmi® Wrap. For further support please visit our website www.izmibaby.co.uk/support









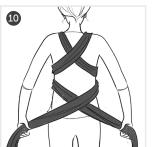




















Handy Tip! You can leave your Wrap tied to your body all day as your baby can be taken in and out of the carrier without re-tying!

#### For Larger Parents...





#### For Smaller Parents...





## **Front Carry**



#### Suitable from newborn (2.3kg/5lb).

- Follow the instructions on pages 5-6 to put on your Izmi® Wrap.
- WARNING: To prevent your child from falling, ensure they are securely positioned in the Izmi\* Wrap.
- Ensure that your baby's face and nose are always visible and unobstructed by fabric.
- Keep at least one hand supporting your baby at all times until they are fully secure in the Wrap.





























The Izmi® Wrap needs to be tied tightly to allow you to safely carry your baby without supporting them with your hands. Your baby should always be held high and snug against your body.

If you do not feel able to let go of your baby when they are in the Wrap, and/or if they are able to slump down or away from your body, take them out and re-tie it more tightly and higher on your body.

## Optimum Positioning for Healthy Hips

Ensure that each of the 3 layers of your Izmi® Wrap are fully opened wide to support the whole of your baby's back, thighs and bottom.

For a Hip Healthy position, the fabric should offer support from the back of one knee to the back of the other.



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#### To safely take your baby out:



5 NOTE: You may need to unhook baby's legs from the fabric.

#### Other ways to use your Izmi® Wrap:

Your Izmi wrap may be adapted to use for different carrying positions, and as a breastfeeding aid. if you are at all unsure about suitability or your baby's safety, seek advice from a health professional and/or babywearing consultant. Visit our videos section at www.izmibaby.co.uk/videos/izmi-wrap-videos for ideas and tips.



Tested to Safety Standard CEN/TR 16512:2015. Made from 95% Cotton, 5% Elastane. Designed in the UK. Made in China.



### www.izmibaby.co.uk

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